

# KORERO

TAAHIKO PAANUI • KAUPAPA 5 • PIPIRI 2020 E-BULLETIN • ISSUE 5 • JUNE 2020



this issue
Roto o tenei take

CAREERS AND

**GATEWAY FEATURE** 

Learning Centre and Teaching Assistants Feature

Cross Country results

PLEASE SEE THE BACK PAGE FOR A TERM 3 CALENDAR.



In Māori mythology, Tāne (also called Tāne-mahuta) is the god of forests and birds. Tane Mahuta stands tall and strong!

# Tuakau College Cross Country 2020

Held on Friday 19 June, our 2020 Cross Country was a day full of fun, mud and running! For more photos please see inside.

# Koorero a te Tumuaki The Principal speaks:

Nga mihi nui kia koutou! Over the last few months we have been living through unprecedented times and it has made some significant changes to not only New Zealand society, but the world. We have seen how this very successful virus works,

COVID-19 has impacted and ravished the world with the many deaths, soaring infection rates and changes in the way we do things. Although we will never get back to what it was like before the lockdown, we are certainly doing a good job of getting back to some kind of normality.

In New Zealand we have been very lucky to have 'gone hard' and just about eliminated the virus. Unfortunately, a second wave of infections came through with new cases being announced. Although these cases have come from New Zealanders returning from overseas, it is a sign that we cannot be too complacent and that we should be doing all that is possible to stop community transmission. We need to continue to follow the 'golden rules.' I am extremely proud of us as a country, especially the position we are in. The rest of the world is envious about where we are, because they are struggling to control the virus.

We are at the end of Term 2. Whew! What a long term it has been with many of the students and the staff getting very tired. Along with tiredness comes short fuses, pushing the boundaries and lack of work. Kia kaha Koutou! It has been a term of catching up, reconsolidating and pushing towards developing those important routines around student learning. We are just about there, and I want to thank all the students and staff for all the work completed in this time.

All the students are back at school and courses have been evaluated and changed. We will be all go for making excellent progress as we head towards the end of 2020 academic year.

Continued inside. . .

# Koorero a te Tumuaki haere tonu: The Principal speaks continued:

I would encourage families to give their child a break from schoolwork for most of the holidays so they can come back refreshed and ready to work hard.

Winter sport codes have restarted and many students are participating in this, even though the season will be short. Other activities will continue with the school Ball being rescheduled to Saturday 15 August. Matariki (see explanation inside) celebration of Maaori achievement has also been moved to Term 3 and Year 7 camp shifted as well to Term 3.

Enrolments for 2021 begin next term. We do have an enrolment zone so students and their families need to ensure they are within the zone and if they are not then they need to put in an out-of-zone application. All the information can be found on our website.

Have a great holiday and break and we all look forward to seeing everyone back at school for Term 3!

Chris Betty

# CROSS COUNTRY 2020 Whakawhiti Whenua 2020

On Friday 19 June, our students took part in the 2020 Cross Country day. Despite the threatening weather during the week, Friday turned out to be a beautiful sunny day! Congratulations to Tane Mahuta for taking out the win with 1240 points. They were followed by Tawhirimatea in second place with 974 points, Tangaroa in third place with 843 and Ruaumoko in fourth place with 739 points.

### Age Group results:

### Year 7

Boys - Josh Harris-Armstrong Girls - Hazel McMillan

### Year 8

Boys - Kayden O'Connell Girls - Samara Tocker

## Junior

Boys - Joziah Otunuku Girls - Danelle Young

# Intermediate

Boys - Tyron Tamati Girls - Cayleigh Young

### Senior

Boys - Alfred Lapwood Girls - Brearna Rowsell











# E-BULLETIN · ISSUE 5 · VOLUME 1













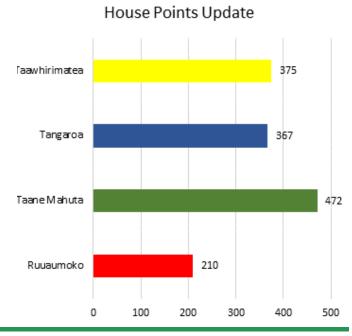












# **Matariki** The Māori New Year

Matariki is a cluster of stars. There are about 500 stars in this cluster and without a telescope, we may be able to see nine of them. One English translation for Matariki is 'eyes of the god.' Matariki is seen all around the world and has many different names. In Japan it is Subaru which means 'gathered together.' In Greek mythology it is known as 'Pleiades' or 'The Seven Sisters.' In Hawaii it is Makalii or 'eyes of royalty.'

One korero (there are many explanations) is that Tawhirimatea (God of wind and storms) ripped his eyes out in rage because his parents Ranginui and Papatuanuku were separated by his siblings. By ripping out his eyes, it left Tawhirimatea not only angry, hurt and betrayed but also blind. So when we experience intense storms, we know that Tawhirimatea is responsible because he can't see. His eyes that he ripped out, are known as Matariki.

Dr Rangi Matamua (of Tuuhoe) has shared stories passed down to him from his grandfather about the placement, names and even balance of male and female stars in the Matariki cluster.

The nine stars of Matariki:

It is another common misconception that Matariki is seven sisters. There are nine stars in the Greek tradition of the constellation: seven children and their parents. In the Māori tradition, there are also nine stars:

- 1. Matariki (Alcyone) the mother of the other stars in the constellation. Rehua (Antares) is the father but is not considered part of the Matariki constellation.
- 2. Pōhutukawa connects Matariki to the dead and is the star that carries our dead across the year (Sterope/Asterope).
- 3. Tupuānuku is tied to food that grows in the ground (Pleione).
- 4. Tupuārangi is tied to food that comes from above your head such as birds and fruit (Atlas).
- 5. Waitī is tied to food that comes from fresh water (Maia).
- 6. Waitā- is tied to food that comes from salt water (Taygeta).
- 7. Waipunarangi is tied to the rain (Electra).
- 8. Ururangi is tied to the winds (Merope).
- 9. Hiwaiterangi/Hiwa is the youngest star in the cluster, the star you send your wishes to (Celaeno).

Dr Matamua explained that the stars are both female and male, in balance with each other. He talked about the connection between the meanings of the stars and their position in the sky. Tupuarangi is above Tupuanuku because the sky is above the earth, Waitī is above Waitā because fresh water flows down to salt water, Waipunarangi and Ururangi are above all the rest because the rain and wind come from above. The two sacred stars Pōhutukawa and Hiwa-i-terangi are away from the other stars because there is no tapu in the areas relating to food.



# A WORD FROM SUE ASKEW (CAREERS ADVISOR):

Having a variety of jobs in the past provided a good background for Ms Askew when she took over the Careers Advisor position at Tuakau College in 2017. Her journalism role certainly helped with the interviews she conducts with senior students to glean their career path and offer guidance. As she says when she interviews students, "If you have a firm plan of what you want to do that's great, but if you don't that's fine as well." Tongue in cheek she often jokes, that she herself still hasn't decided what she wants to do. But, more seriously, having tried lots of different things has made for an interesting work history.

Ms Askew works closely with Mrs Davies interviewing students, liaising with employers and attempting to distribute the vast amount of information we receive each week. Early on in her position as the Careers Advisor she instigated 'Tertiary Week.' This is run annually and a range of tertiary providers and other organisations come in at lunch times and present to the students. Students are taken to University Open days, Field days, Careers Expos and other career related activities. COVID-19 has had a real affect on being able to run these events, with the annual combined Schools Career Expo, a very worthwhile event attracting nearly 80 exhibitors, being an example of this. This event has had to be postponed until early next year.

Students, regardless of age, who would like some career guidance are welcome to visit the Careers Office and see the many resources on display there, and be offered some friendly advice from either Ms Askew or Mrs Davies.

Sue Askew

# A WORD FROM SHELLEY DAVIES (GATEWAY COORDINATOR):

Amongst the many colourful posters that adorn the walls of the Careers and Gateway office is one that tells the story of ex-student Brandon. Brandon's success story is one of the many success stories that could be shared about Shelley in her years of placing Gateway students. That's what Shelley does best: matching up students and employers with suitable jobs and giving them that first take on the working world. Read about ex- students Cody, Abby and Brooke featured on these pages, all of whom are more of Shelley's success stories!

So, not sure what you want to do when you leave school or think you have an idea but would like the opportunity to do work experience? Are you Year 12 or 13? Do you have good attendance? Are you ready to explore your work options? Maybe do a short taster course during the holidays? If you have said yes to one or more of these questions and you would like to find out more about how Gateway can help, then I am the person to come and talk to! You will find me in the Careers Office ready to help, so pop in and lets see what your future career might look like! Shelley Davies

# EXGATEWAY STUDENTS

We spoke to some of Tuakau College's ex students and caught up with them about what they're doing now and how Gateway helped them get to where they are now! For more information about Gateway and how to join up or do a placement, please contact Shelley Davies on shelley.davies@tuakaucollege.com or visit her office beside the i-Hub.



# Abby Sillence

Funeral Director at Waters Funeral Services (Pukekohe)

Waters Funerals

Where are you working now and what do you do there? I am currently working at Waters Funerals as a Funeral Director, both at our Pukekohe and Papatoetoe branches. I do everything from taking the first call when someone phones to say their loved one has passed away, to uplifting the deceased from their place of death. I arrange funerals with families and organise everything that they would like included in their loved ones journey. I then casket and dress the deceased and attend the funeral service, cremation and/or burial.

How did Gateway help you/what was your Gateway experience? Gateway helped me incredibly! I did a year of work experience for a funeral home, helping out with embalming (as that's what I always wanted to do) and I loved every minute of it! A job opportunity as an Assistant Funeral Director then came up with another funeral home (Waters Funerals), after I had left school. The place I was doing my work experience at helped me out, put a good word in and helped me get my foot in the door with a new company and now I have worked myself up the ranks as a Funeral Director.

Once I had experienced what is involved with funeral directing, I realised this is what I wanted to do. Rather than being out the back, behind the scenes, I preferred to be out the front, meeting with families and helping them with whatever they needed. Gateway helped me to get into the industry and work out if this was what I really wanted to do or not. Although I slightly changed my mind with what I wanted to do, I'm still able to help out in the mortuary when needed.

Why would you recommend Gateway to other students? I would recommend Gateway to other students wether you know what you want to do or not! It's a way of finding out if something works for you or not by experiencing it first hand. I am forever grateful for all the help that Gateway has given me, because this is an extremely hard industry to get into!



# Cody Hansen

Apprentice at Miler Motors Tuakau



Where are you working now and what do you do there? Due to major surgery at the start of the year, and then the lockdown. I haven't been able to start the job yet, but as of July I will be working at Miller Motors and I will be continuing my apprenticeship.

How did Gateway help you/what was your Gateway experience? Gateway helped me get out into the working world and gave me a really good idea of what to expect when I did start working. It really helped starting an apprenticeship through Gateway and giving me that little head start for when I start my job. The Gateway experience for me was really good and positive and it made me look forward to starting working.

Why would you recommend Gateway to other students? I would recommend Gateway to other students because it gives you a really good idea on what to expect when you start work, what employers want/expect from someone they are employing. It will also ease students into the work force instead of them getting thrown in the deep end and not knowing what to do which is a really big help!



# **Brooke Gregory**

Senior Associate for PricewaterhouseCoopers (PwC) Hamilton





# Where are you working now and what do you do there?

I work as a Senior Associate for PricewaterhouseCoopers (PwC) Hamilton in the Financial Assurance team. As auditors we work to establish the integrity of the financial statements of our clients. I largely work onsite at my clients. For example, I spent the first six weeks of this year away in Rotorua.

# How did you get from Tuakau College to your current job?

I first remember seeing a poster about PwC in Mrs Simpsons Business Studies class. In Year 12 I decided to apply for the PwC Scholarship. I had an interview with the team down in the Hamilton office and got offered a scholarship, which included a

summer internship at the beginning of my last year of study. After finishing Year 13 I moved down to Hamilton to study at the University of Waikato. I completed a Bachelor of Business Analysis, majoring in Accounting, and was fortunate enough to be offered a graduate position following the completion of my summer internship. This led me to where I am today. I have been with PwC since 2017 and recently got my Chartered Accountant's qualification.

## Did Gateway help you figure out what you wanted to do after leaving school?

I completed two Gateway placements with lawyers, as I was considering studying law. The placements gave me insights into working in a law practice and in a court setting and essentially helped me to make my final decision on what I wanted to study. I would definitely recommend completing Gateway if you are undecided on what you would like to do after finishing school, or would like to gain a practical experience in an area of interest.

# What words of advice would you give to students at school who are thinking about future careers?

I recommend reaching out to people in careers you are considering and asking them if you can shadow them for a day in your school holidays or weekends, or ask them questions, as this will give you an insight into whether you are making the right decision for your future. Keep up with your hobbies (sports, cultural, music, volunteering, tutoring, coaching, etc) throughout school and once you have finished school as these are all seen as valuable experiences when applying for scholarships, jobs and internships. It sounds cheesy but be yourself and say yes to opportunities that come your way!

# TERTIARY WEEK 27th - 31st July 2020

PRESENTATIONS FROM TRAINING ORGANISATIONS

**Tertiary Week has been a regular careers event for several years now.** This is usually held in Term 1 but due to COVID-19 it has been rescheduled to be held from Monday 27 July to Friday 31st July.

Some of the providers that will be presenting include:

AUT BCITO MIT Waikato University WINTEC Massey University

Auckland University Otago University And others to be confirmed. . .

# **GOT QUESTIONS POST COVID-19**

Has anything changed for you? Talk face to face with employers training providers and industry organisations to help find the answers you need to make great career choices.



Tuakau College proposes to take a bus to this event so if you are interested and you are a Year 12 or 13 student, please register your interest in the Careers Office and complete the paperwork promptly as we need this back by the end of the term!

Limited seats available so don't delay!



# STRATEGIC GOALS: TUAKAU COLLEGE WILL:

Maximize opportunities for student achievement.

Lead development in local education in a continuously changing world.

Be the heart of the community where everyone wants to be.



PERSEVERANCE
U tonutanga
Kaua e mate
wheke mate ururoa.
Don't give up
like an octopus
but fight like a
hammerhead
shark.

INTEGRITY
Ngakau Tapatahi
Kaua e takahia
te mana o te tangata.
On not trample
on the mana
of the people.

CARING - LOVE - RESPECT Manaaki - Aroha - Whakaute He dha te mea nui. Maka e ki atu. He tangata he tangata He tangata he tangata He tangata. He tangata he tangata He tangata.

# LEARNING CENTRE

Whare Akonga

The Learning Centre's suite of desktop computers enables smaller classes to access digital learning and information accessible through internet sites. Right: Ms Hawke with some of her Sports Leadership students.





Left: The Learning Centre building, located in Te Whanau

# A word from Catherine Hucker : (HOD of Learning Centre and SENCO)

The Learning Centre, located in the Te Whanau building alongside Guidance, International and ESOL (English for Speakers of Other Languages), is a facility open to all students of Tuakau College. It has a small suite of computers available for classes, with the environment largely suiting senior classes.

My work centres largely around trying to best cater for a variety of learning needs in our College. This includes allocating the Teaching Assistants to classes (both junior, middle and senior), supervising students who are learning with Te Kura, applying for Special Assessment Conditions for NCEA students, transitioning students back to school and providing for the well being and learning of all students.

Many students have come to realise that the Learning Centre is a good place to be at intervals and lunchtimes and they have become one of the 'regulars'. If you don't have this status then you need to ask permission to be in the warmth and comfort of the Learning Centre. Catherine Hucker

### **Catherine Hucker**

SENCO and HOD of Learning Centre



I have been a member of the Tuakau College staff for many years and have lived in Tuakau for all this time. My three daughters are all graduates of Tuakau College.

For a lot of those years I taught a full programme of English and was one of the inaugural Deans at Tuakau College.

This background has served me well when I became the SENCO (Special Educational Needs Coordinator) several years ago.

Tane Mahuta and GCHU proud; I have been involved in many aspects of the life of the college over the years including hockey, debating, Outdoor Education, Duke of Edinburgh and more recently the overseas trips.

Currently, besides fulfilling the SENCO role, I also teach Year 11 Literacy.

# Meet the Teaching Assistants Me tutaki ki nga Kaiawhina Whakaakoranga



### **Marie Cowan**

Teachina Assistant



I've been part of the Tuakau College team of Teaching Assistants for more years than I went to school! I was living and running a small farm when a part time job came up at my children's primary school, as a teaching assistant with a lovely wee girl. Since then I have not looked back, helping wonderful children and staff shape the next generation.

Every day is different, from laughing, crying, playing, exploring and watching magic happen as the young person or group start to advance all by themselves.

I enjoy helping teachers do their best by taking some of the load and once a week I enter data to ensure the progress of students is being monitored closely. Being a Teaching Assistant can be very challenging but so rewarding!.

Kia Ora, Ko Rosina toku ingoa No Tuakau toku kainga Tena koutou katoa

I started at Tuakau College as a Cleaner (I still am), and this is where my passion for being involved in the school started. I began my mahi as a Teaching Assistant nearly five years ago. I have watched my three eldest children succeed at Tuakau College! I now have my youngest three currently enrolled here.

Starting here as a TA was new to me with a lot of learning challenges, but I wouldn't want to be a part of anything else. Being involved in students' learning and growth has been the best experience by far. The highlight for me as a TA is connecting and bonding with high demand students, as my experience here continues to grow with them. Supporting our teachers in class is definitely something I hold highly - being a part of their teaching system for our students is something I respect greatly.

**Rosina De Thierry** 

Teaching Assistant



Fiona Proctor

Teaching Assistant



Ko Makora Taiao te maunga
Ko Rotokakahi me Wairoa
nga awa
Ko Whangape te moana
Ko Mamari te waka
Ko Taiao Te Marae
Ko Nga Hau E Wha Marae
Ko Te Uri o Tai te hapu
Ko Avatele, Niue Island
Ko Te Rarawa raua ko Te
Aupouri nga iwi
Ko Ngapuhi nui tonu ahu
Ko Fiona Proctor taku ingoa

My Teaching Assistant career began in 2002 at Tuakau College with part time work. This led to being employed full time in our very successful Te Whariki unit under the guidance of Mrs Pam Barber. Next came the Learning Centre, as it was known back then in mainstream sector, with Mrs Meg Riwai, better known as Aunty Meg, such was her love for all students and her passion for education. I remain there to this day with the ever efficient Mrs Hucker at the helm. I would like to acknowledge these three women for guiding and supporting me along my Teaching Assistant journey in so many ways.

Each day varies with students, ranging from Year 7 to 11, it may require assisting a student in Year 8 Social Studies with map work to helping a Year 11 in setting goals for an assessment. I love it when a student comes up to me and says "thanks Whaea for helping me" or "Miss, I got the right answer!" whether it happens in a classroom environment or outside participating in P.E or Horticulture. These are magic moments', knowing that they have the potential and that their perseverance has paid off to be that electrician, artist or manager and that they believe in themselves!

Behavioural students also come under our radar which can become challenging and quite demanding if you allow it to be. This is where my mother instincts come into play. I call on my store of patience, having had four children of my own, all having attended Tuakau College with success. It is even better when you see kids a few years down the track around town, or Pak'n'Save and they ask "Miss you still at school?" - "Yes boy" and they come back at me with a "chur Miss" - now that's a buzz!

# Donna Van der Heyden

Teaching Assistant



My name is Donna Van der Heyden and I joined Tuakau College three years ago.

I enjoy my role as a Teaching Assistant and especially enjoy supporting the children with additional learning needs and those who are willing to learn.

My message for our students is to just believe in themselves and keep going forward!

# Student in the spotlight: Daniel Jensen Ākonga i roto i te maamaa: Daniel Jensen

Daniel Jensen, who is the Head Boy for 2020, is a great advocate of how the Learning Centre can make a difference in a student's ability to make the best of their academic potential.

Daniel has had AT (Assistive Technology) from an early age and in a stroke of good fortune his ancient laptop was updated just prior to the COVID-19 lockdown, ensuring that Daniel's learning at home was not compromised.

He also has made the most of Special Assessment Conditions for his NCEA externals. Daniel has studied Level 2 and Level 3 Physics through Te Kura, which is administered through the Learning Centre, for the past two years.

This independent style of learning has suited Daniel but he is the first one to admit that it is a lot of work. However, his results to date have been more than commendable. Catherine remains in awe of students who master the academic rigour of Physics, let alone studying a highly complex subject independently. Daniel hopes to study engineering at university 2021.



Above: Daniel Jensen, 2020 Head Boy and student of the Learning Centre.

# Special Assessment Conditions (SAC) Tikanga Aromatawai Motuhake (SAC)

NZQA grants entitlement to Special Assessment Conditions (SAC) so that candidates may have fair access to both internal and external assessments for National Qualifications. SAC's enable entitled candidates to demonstrate their knowledge, skills and understanding, without providing unfair advantage over other candidates. Applications are made by schools on the behalf of candidates.

Any student with a permanent or long term condition or disorder that directly impacts on their ability to be fairly assessed is eligible to SAC. For more information about this please visit https://www.nzqa.govt.nz/providers-partners/assessment-and-moderation-of-standards/managing-national-assessment-in-schools/special-assessment-conditions/info-for-parents-caregivers/what-are-sacs/



# Guidance Counsellor Tumu Koorero



Our Guidance Counsellor is Paul Heta. He is located in Te Whaanau: Learning Centre. He has a confidential, open door policy, with a safe space to talk openly and honestly.

Students can fill in a referral form and he will see them or they can be referred by a teacher or a parent. Alternatively students can go visit Paul without an appointment. If Paul cannot work with the student, he has access to other counsellors who we bring into school to support our students and we can also refer students to female counsellors. Below are some key points that Paul discusses regarding school:



**ONCE STUDENTS LEAVE THE SCHOOL GATES THEY ARE PARENTS RESPONSIBILITY.** One myth that is floating around the school is that once students walk out our school gates they are still the schools responsibility. The Ministry of Education website states that: "Schools are not expected to take on responsibility for all students travelling to and from school. Problems can arise when parents and caregivers are confused about the extent of the responsibility the board of a school has taken on outside of school hours or in the community. It is expected that schools will supervise the school grounds and designated nearby areas, such as a school bus stop, for a reasonable period before school (e.g. 30 mins) and a short period after school (e.g. 15 mins)."

Problems out in the community are usually tackled through a partnership between school staff and the relevant parties (parents, volunteers, bus contractors, local police). We rely on your support to assist us in ensuring students safety and image in the community.

When students have left the school gates, in school uniform, they are still representing the school so we would expect the same standards as in school to be upheld, however, it is not the schools responsibility to enforce that.



**MAKING DISCLOSURES TO PARENTS.** Under Section 19 of the Vulnerable Children's Act it states that every child protection policy required by this Part must be written, and contain provisions on the identification and reporting of child abuse and neglect in accordance with section 15 of the Oranga Tamariki Act 1989.

Section 15 of the Oranga Tamariki Act 1989 states that "any person who believes that a child or young person has been, or is likely to be, harmed, ill-treated, abused, (whether physically, emotionally, or sexually), neglected, or deprived, or who has concerns about the well-being of a child or young person, may report the matter to the chief executive or a constable."

This means its mandatory for teaching staff at Tuakau College to refer any abuse, neglect, etc, that they are informed of to Oranga Tamariki.



ALL STUDENTS MUST BE AT SCHOOL UNTIL THEY ARE 16 YEARS OLD. There is no exceptions for this it is in the Education Law that ALL students must be at school until they are 16 years of age. There are some situations where your 15 year old can get permission to leave school early. This could be to go on to other training or a job. To discuss this option contact the local Ministry of Education office. This can only occur with the Ministry of Educations approval.

As a parent it is really stressful to see your child struggling with school. You can end up thinking that your child would be better off leaving school to get a job or study elsewhere. Young people do better when they gain a NCEA Level 2 qualification (or equivalent qualification). Research shows that those who leave school without qualifications are more likely to have difficulties when they get into the workforce, earn less money, find it harder to continue studying later on and have higher unemployment rates.

As a parent, it is legally your responsibility to get your child to school every day until they are 16 years old.

# WHERE CAN I GET HELP?

You are not alone. You are surrounded by people who care about your well being; all you have to do is reach out to someone and ask for help.



### HELPLINES

There are so many helplines you can call, text or chat online to at any time of the day. They have trained counsellors ready and waiting to speak to you. These are all FREE and CONFIDENTIAL

Lifeline - 0800 543 354 - (0800 LIFELINE) or free text 4357 (HELP)

Youthline - 0800 376 633 or free text 234 or online chat on their website www.youthline.zo.nz

The Lowdown - 0800 111 757 or free text 5652 for depression and/or anxiety

Kidsline - 0800 543 754 (0800 Kidsline)

OUTline NZ - 0800 688 5463 (0800 OUTline NZ) for sexuality or gender identity

Are you ok? - 0800 456 450 for family violence helpline

# OTHER SUPPORT SERVICES

Huakina Development Trust Pukekohe - 09 238 0250 (15-17 Roulston Street, Pukekohe) - offer an iwi based service and environment to help and support whanau and community

Franklin Family Support Services - 09 238 6233 (82 Manukau Road,

Pukekohe) - offer a range of services to whanau and individuals within the community

Tuakau Youth Centre - a safe space to hang out after school and during the school holidays

Anxiety and depression among young people (10-19 years) is very normal. It's how you deal with these feelings that can make the difference.



Hi everyone,

Although the country is operating under Level 1, it has not changed our processes in the Health Centre. As you know we have seen COVID-19 return with New Zealanders returning home from overseas, although there is no further community transmission.

It is still vital that you keep your child home if they are sick and they need to be symptom free for 48 hours before returning to school. It is also necessary to please keep your contact details updated for us.

> Alison Robertson (School Nurse) Phone: 09 236 8521 ext 155



Children's Community Some of our dental clinics will be open during Alert Level 1. We will be offering appointments to children with the most urgent dental Denta Clinic Free for children 0-17 years care needs. Our Staff will be in contact with the parents/caregivers of these children to book appointments.

We will contact parents/caregivers of children who are due for their routine appointments in due course. We are unable to put a timeframe on this at present, which means there may be delays in routine appointments. If your child is in pain, or if you have any immediate concerns about their teeth, please phone 0800 TALK TEETH to speak to one of our therapists. The therapist may offer an appointment for your child if required.

We kindly ask that you do not present to the clinics if you don't have an appointment booked. This is because we need to ask all parents/caregivers and patients COVID-19 questions over the phone before booking an appointment. This is to protect our staff and other patients in the clinic. If you have any questions, please email ARDS@waitematadhb.govt.nz. Thank you for your understanding and support during this time. Kind regards,

The Children's Community Dental Service

# E-BULLETIN · ISSUE 5 · VOLUME 1



# Congratulations to the students on the right who have earned their Bronze SVA Award pins!

This award is a free nationwide framework that recognises volunteering efforts of Year 9 to 13 students. Students are awarded a pin for initial volunteering hours before logging additional efforts online.

















Bronze Award Pin

Bronze Award Pi

Bronze Award Pir

Bronze Award Pir

To register under Tuakau College visit https://service.sva.org.nz/

# Outdoor Education Tramp Haerea Kaupapa Whakahiato ki waho

Our Year 12 and 13 Outdoor Education students enjoyed their tramp through the Kaimai's last week, despite lots of rain!





# Junior College Dioramas Ngahau Kura Tuarua

**Some of our students in the Junior College have recently created some dioramas.** A huge thank you to Number One Shoes, Pukekohe, for donating the shoe boxes for our students to use!







# Winter Sports Hākinakina raumati

Winter sports are slowly getting back up and running. Our girls hockey team had their first game this month against Pukekohe Intermediate and won 1-0. Our boys hockey team also had their first game last week, and unfortunately came away with a loss.







**Our rugby teams both had pre-season games last week.** Our 1st XV team had their first game last Friday night against Waiuku and after a good game the final score was 19-10 to Waiuku. The U15 team had their first game on Saturday morning against Alfriston and won 15-5!



# Under 15's











Calendar

Maaramatakafor Term 3 2020

MON	TUE	WED	THU	FRI	SAT	SUN
20 JULY	21	22	23	24	25	26
Term 3 starts	Photolife Team Photos PTA Meeting	School Assembly	Reports emailed/issued			
27  Blood Drive	28 Year 12 Loves Me Not BOT Meeting	Year Levels Assembly	30	31	1 AUGUST	2
Parent Interviews Maths Week	4 Maths Week	5 Whanau Assembly Parent Interviews Maths Week	6 Auckland Careers Expo 12OUT Rockclimbing Maths Week	7 12OUT Rockclimbing Maths Week	8	9
10	11 Mufti Day	12 School Assembly Cultural Evening	13 Orientation Day	14	15	16
17 13OUT 5 Day Tramp	18 PTA Meeting 13OUT 5 Day Tramp	19 Year Levels Assembly Open Evening 13OUT 5 Day Tramp	20 130UT 5 Day Tramp	21 130UT 5 Day Tramp	22	23
24	25  BOT Meeting	26 Whanau Assembly	27 Matariki Awards	28 In Zone Applications due	29	30
31 Smile Dental	1 SEP ICAS Maths Year 7-10 Smile Dental	2 School Assembly Smile Dental	3 Smile Dental	4 Out of Zone Applications close Smile Dental	5	6
7 Smile Dental	8 Smile Dental	9 Year Levels Assembly Entrance Testing Smile Dental	10 Special Olympics Basketball Smile Dental	11  MOCK EXAMS  Smile Dental	12	13
14  MOCK EXAMS Te Reo Maori Week	15 MOCK EXAMS Te Reo Maori Week	16 Junior Social MOCK EXAMS Te Reo Maori Week	17 MCAT Year 11 Year 12&13 Tough Guy/Gal MOCK EXAMS Te Reo Maori Week	18 Te Reo Maori Week	19	20
21	22 PTA Meeting	23 School Assembly Year 7 Boostrix Vaccination	Reports emailed/issued	25 Term 3 ends		